

make sure your students stay safe whatever their age (Sponsored

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Internet safety are vital but you have to tailor them differently for primary and secondary schools to ensure the message sinks in. Edtech expert Neil Jarrett shows you how

an amazing resource, offering pupils a wealth of knowledge at their fingertips. Many technologies inspire children to be creative, and to communicate with others

Introduction to Cyberbullying and Its Impact

Cyberbullying refers to the use of technology to harass, threaten, humiliate, or otherwise target another person.

It has serious psychological and emotional impacts on victims, leading to anxiety, depression, and even suicide.

The anonymity and ease of spreading messages make cyberbullying a growing concern.

Definition of Social Group in the Context of Cyberbullying

1 Inclusiveness

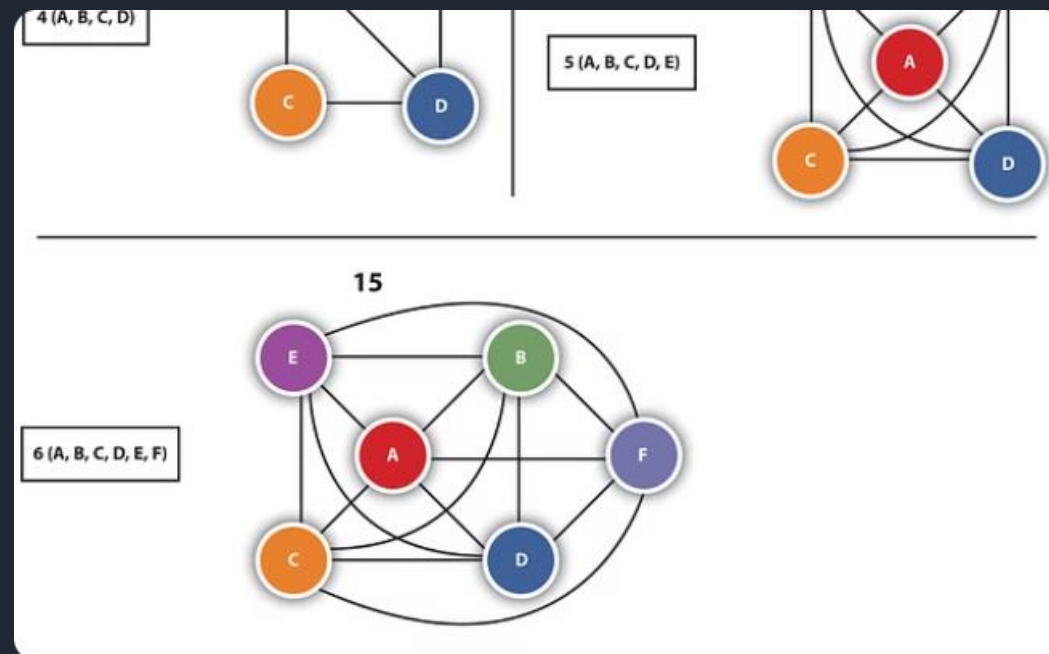
A social group in cyberbullying refers to a community of individuals who interact online, sharing common interests or characteristics.

This could be a friendship group, gaming community, or social media network.

2 Impact on Dynamics

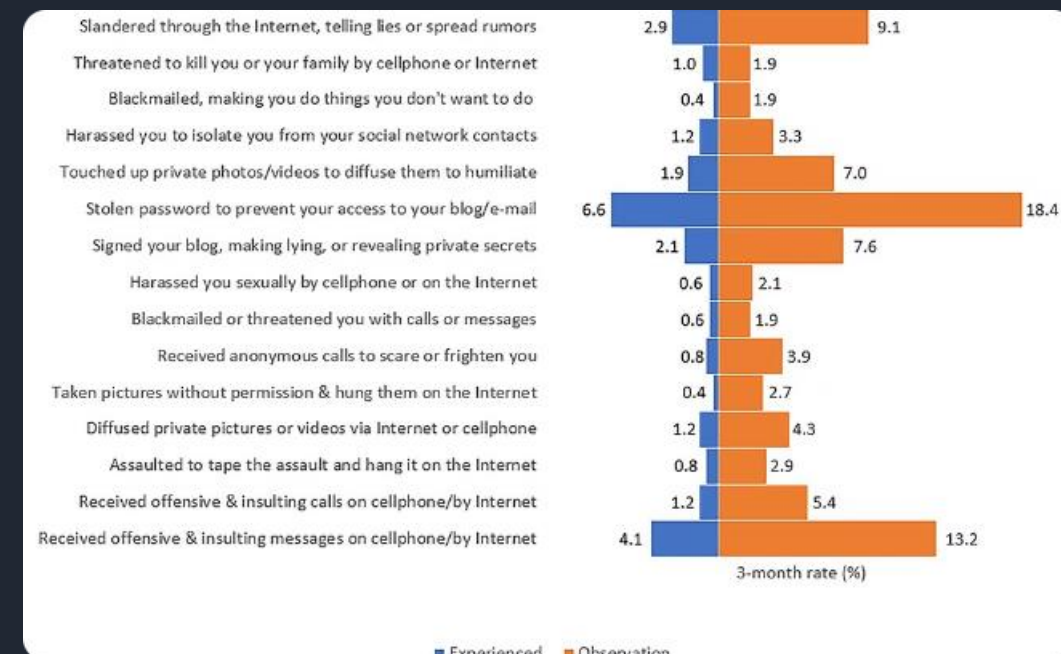
Being part of a social group can influence how cyberbullying behaviors manifest, as well as the support system available to the victim within that specific online community.

Influence of Social Group on the Dynamics of Cyberbullying



Group Dynamics

Social groups can either exacerbate or mitigate cyberbullying incidents based on the norms, behaviors, and interventions within the group.



Response and Intervention

Understanding how social groups respond to cyberbullying can help in creating targeted interventions to prevent and address such behaviors effectively.

The Role of the Social Group in Supporting Victims

1. Building Trust: Developing trust with the victim to encourage open communication about their experiences.
2. Providing Empathy: Show understanding and comprehension to help victims feel supported and less isolated.
3. Creating Safe Spaces: Establishing an environment where victims feel safe to share their struggles.

Importance of Social Support for Victims

Emotional Validation:

Support from social groups can help victims feel understood and validated.

Adjustment and Coping:

Assistance from social circles aids in adjusting to the trauma and coping with stress.

Types of Social Support for Victims of Cyberbullying

Emotional Support:

Providing empathy, love, trust, and care to the victims.

Practical Support:

Offering tangible assistance such as financial help, transportation, or physical aid.

Informational Support:

Providing information, advice, and guidance on how to deal with cyberbullying.

CYBERBULLYING

WHAT EDUCATORS NEED TO KNOW

EDUCATORS' ROLE



Help the victim

- Recognize signs of bullying.
- Take the victim seriously, and reassure them that you will help.
 - Talk to me, I will listen!
 - I will stand up for you
 - You are not alone



Know the laws

- Know the school policy.
- Know the country laws: Qatar Cybercrime Prevention Law No. (14) of 2014.



Prevent the bully

Work on preventing a culture of bullying and tackle the source and issues behind bullying

- Help the bully understand the consequences of their actions.
- Help the bully express any issues they have in more productive ways.

PREVALENCE OF BULLYING IN QATAR*

Qatar had the **19th** highest rate of cyberbullying out of 25 countries worldwide.

28%

of students in Qatar reported being an **online victim**.

32%

of students in Qatar reported **cyberbullying others**.

* Microsoft (2012) study. Investigating online bullying among 8-17 year olds compared to the rest of the world.

TYPES OF BULLYING

Fraping

When a bully uses your child's social networking accounts without permission and destroys comments or pictures or creates new and offensive comments and pictures.

Dissing

Spreading cruel information about their target through public posts or private messages to ruin their reputation or relationships with other people.

Harassment

Generally refers to a sustained and constant pattern of hurtful or threatening online messages sent with the intention of doing harm to someone.

Outing/Doxing

Revealing sensitive or personal information about someone without their consent for purposes of embarrassing or humiliating them

Trolling Flaming

When a bully will seek out to intentionally upset others by posting inflammatory comments online. Flaming is similar to trolling, but will usually be a more direct attack on a victim to incite the latter into online fights by posting about or directly sending insults and profanity to their target.

Exclusion

When a person deliberately leaves a victim out of a social event or group.

Stalking

Threats of physical harm to the victim. It can include monitoring, false accusations and threats and is often accompanied by offline stalking.

Impersonation

Stealing someone's identity and posting fake, rude or harmful remarks, while pretending to be the victim.

Masquerading

Creating a fake identity or impersonating someone to harass the victims, send malicious messages to them or even lure them into fake relationships or dangerous situations.

LOOK OUT FOR SIGNS

A CHILD MAY BE CYBERBULLIED:

- Being emotional or upset during or after using the internet or phone.
- Staying secretive or protective of their digital life.
- Withdrawing from family, friends or activities.
- Avoiding group or school gatherings.
- Noticeable slip in grades.
- Changes in mood, behavior, sleep or appetite.
- Stopping the use of computers or cell phones.
- Nervousness or jumpiness when receiving an instant message, text or email.
- Avoiding discussions about internet-related activities.



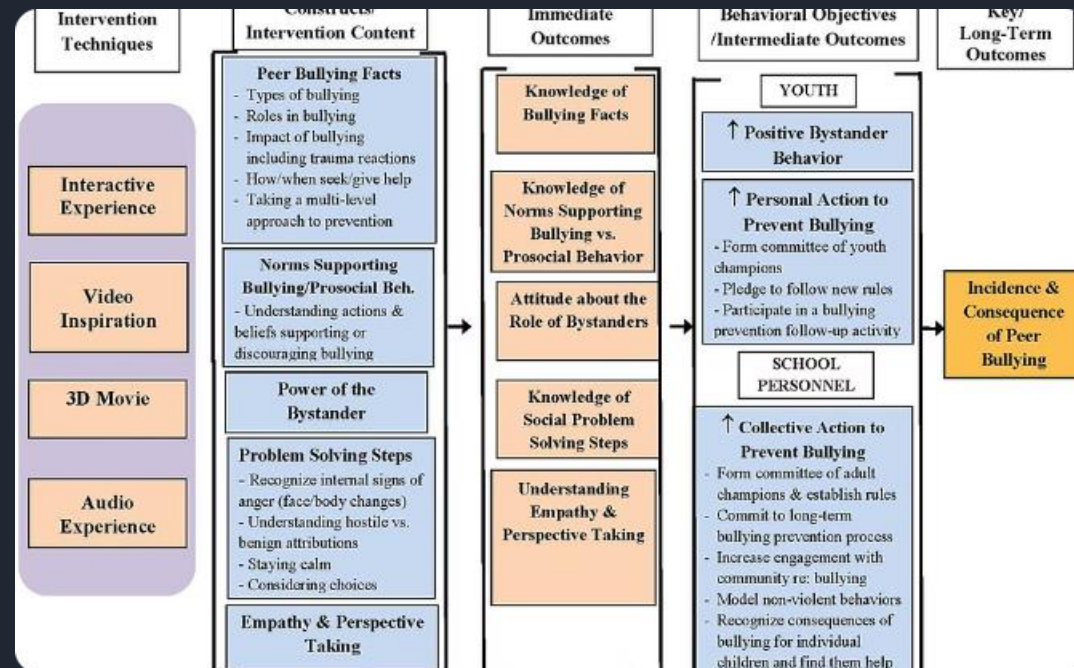
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سيف سبيس

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Introduction to Social Group Influence on Cyberbullied Victims

Social group influence has a profound impact on individuals facing cyberbullying. The collective behavior and attitudes of peer groups play a critical role in exacerbating or mitigating the effects of cyberbullying on its victims.

Types of Social Group Influence on Cyberbullied Victims



Peer Pressure

Individuals within a social group may engage in bullying behavior due to peer pressure, leading to the victimization of certain individuals.

Social Media Group Dynamics

Online group behaviors can amplify cyberbullying, as individuals may join others in targeting a victim on social media platforms.

<https://youtu.be/HjidZoQlcPQ?si=1v2-rIOQZ4N3UkX0>



Impact of Social Group Influence on Victims' Mental Health



Psychological Distress

Social group influence can exacerbate feelings of anxiety, depression, and psychological distress in cyberbullied victims.



Self-Esteem Issues

Victims may experience reduced self-esteem and self-worth due to the negative influence of peers and online groups.

Strategies to Mitigate Social Group Influence on Cyberbullied Victims

1

Educational Programs

Implementing educational initiatives can raise awareness about the impact of social group influence and promote empathy among peers.

2

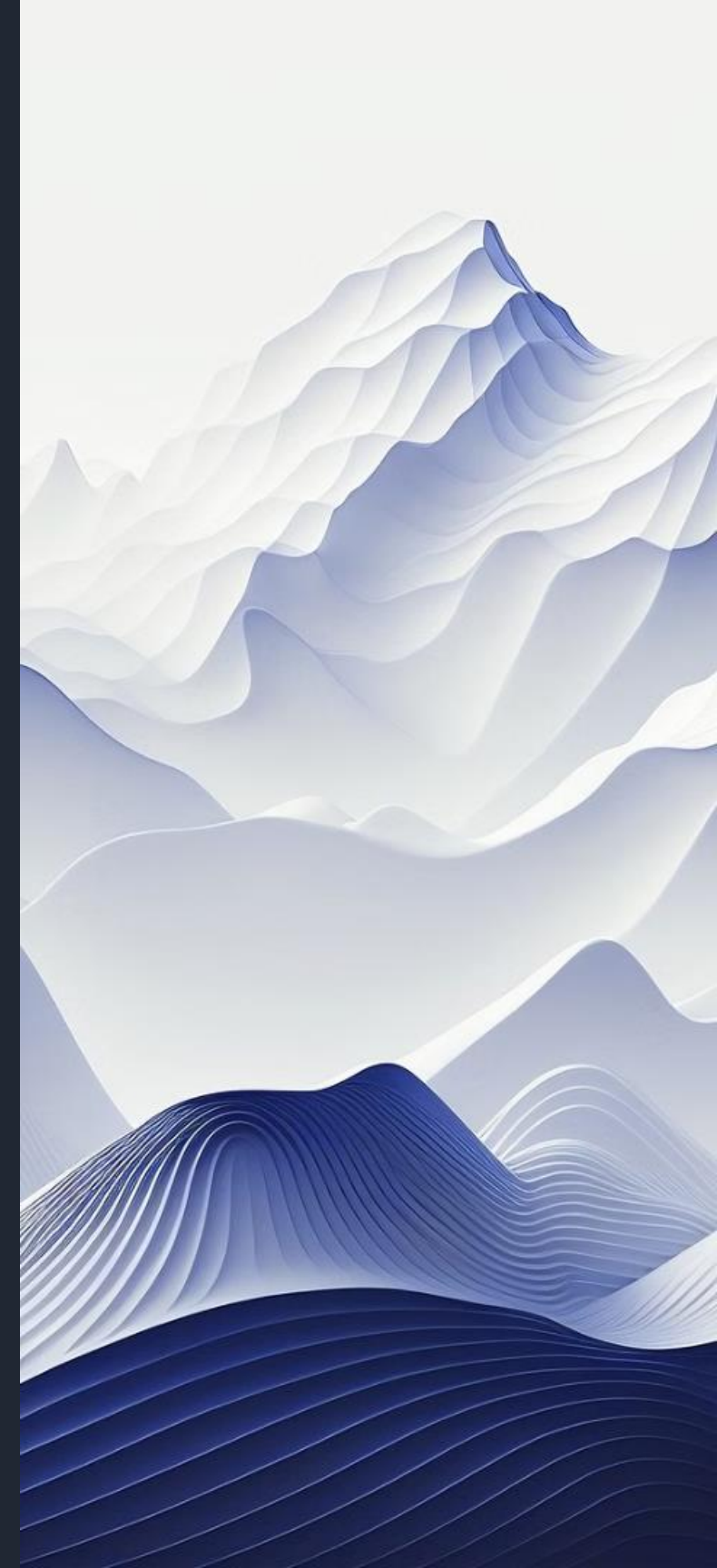
Mental Health Support

Providing mental health resources and counseling can aid victims in coping with the negative impact of social group influence.

3

Online Safety Measures

Developing stricter online safety measures can help mitigate cyberbullying and limit the influence of harmful social groups.





Conclusion and Key Takeaways

Empathy and Understanding

Fostering empathy and understanding among social groups is vital in combating the negative effects of cyberbullying.

Advocacy and Support

Advocacy for victims and providing support networks within communities are essential in addressing social group influence on cyberbullying.



Conclusion and Key Takeaways

1

Increased Awareness

Raising awareness about social group influence on cyberbullying is pivotal in developing effective prevention strategies.

2

Community Interventions

Engaging communities in interventions to deter negative group influence can significantly reduce cyberbullying incidents.

3

Policy Implementation

Implementing policies that address social group behaviors and influence can have a substantial positive impact on cyberbullying prevention.